

PESSPA Pledge

Physical Education

School Sport

Physical Activity

1. Physical education, school sport and physical activity are an integral part of our school improvement culture.

2. Our physical education, school sport and physical activity offer is inclusive and engages all pupils including the least active.

7. Our school is committed to continually developing confidence and competence of teachers and wider school staff to enable them to deliver high quality physical education, school sport and physical activity.

8. Our children and young people have the opportunity to learn to lead through physical education, school sport and physical activity.

10. Our school evaluates the indicators of health and well-being for our children and uses this to inform the development of health and wellbeing provision for our school community.

3. Our school provides two hours of high quality timetabled Physical Education per pupil per week led by a qualified teacher within the curriculum with appropriate support.

4. Our school works with partners to ensure all children meet the swimming National Curriculum standard before they leave primary school.

5. Physical Education is led by a subject coordinator who is a qualified teacher and supported to engage with external partners to develop high quality physical education, school sport and to promote physical activity.

6. Our children receive Physical Education lessons which are quality assured in line with the monitoring of other curriculum areas.

9. All children in our school participate in competition.

14. Our school provides a range of sporting opportunities as an extension of the curriculum.

11. Our school has a targeted approach to improving the level of physical activity experienced by all pupils.

12. All pupils have the opportunity to be physically active daily within the broader curriculum, including a variety of light, moderate & vigorously intensities.

13. Our school supports pupils to achieve at least 30 minutes daily physical activity outside of the school day.